

Dear Friends:

Greetings from Spring in Iowa! As we enter Holy Week, we pray that you find peace and joy in new life, offered by Jesus, the Prince of Peace! Jesus is Risen, just as He said!



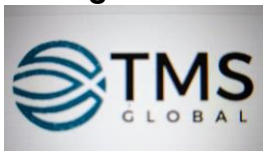
Early March we traveled to Tanzania at the invitation of our friends and colleagues, Kristen and Lem Tisho. After the lengthy flights through Minneapolis and Amsterdam, we arrived in Dar es Salaam safely. Their children, Ethan (7) and Olivia (2), helped make our 7-hour road trip to their home in Berega fun, especially as Ethan talked about ice cream treats a lot!

We have shared in several newsletters over the last few years about the Trauma Healing Curriculum "Healing the Wounds of Trauma – How the Church can Help." This was our first opportunity to lead a training in Tanzania. After several days of preparation, we welcomed 34 participants for a 5-day Initial Equipping Session held at the Berega Infants Home, a part of the Anglican Church of Tanzania. Swahili is the primary language in Tanzania, so most of the materials were translated with the help of Tisho and his cousin, Epsilon. The curriculum books were in Swahili thankfully. Each of the 5 Core Lessons made a good impact on the trainees, with great participation and deep sharing. Several pictures show the beauty of the landscape and the people. As you may remember, the sessions are all taught with adult participatory learning methods. Notice the captions with the pictures as we were able to add many learning styles during the training – stories, small group discussion, skits, outdoor exercises, song & worship. Although the heat and intensity of the schedule were a challenge for us, we were blessed every day!

Thank you for your partnership in this ministry of training Facilitators for Healing Groups in many places around the world. We are blessed and grateful. May God bring hope and healing to our broken world through Jesus, the Risen and Healing Lord!

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Love and Prayers,



Sharon and Lynn

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Bottle Exercise to See Visually What Happens when We Try to Hide our Feelings & Pain



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Acting out the Grief Journey



Learning to Use the Book for Lessons



Table Group with New Swahili Books



Apprentice Facilitators with Certificates – Congratulations!